

# SAILING INSTRUCTIONS

*Please note: these are not the official Sailing Instructions;  
They are for public information only and sections have been removed*

## ROLEX FASTNET RACE

**Sunday 9th August 2009**

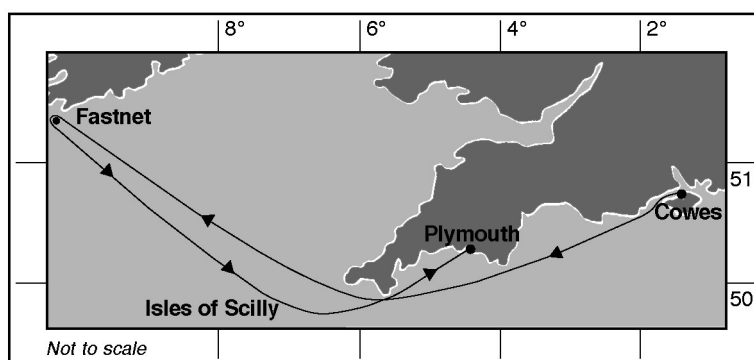
**First Warning Signal 1150**

**HW Portsmouth 1415 4.5m**

**All times BST except when stated otherwise**

Positions are approximate in WGS84 Datum

Organised by the Royal Ocean Racing Club with the Royal Yacht Squadron and  
the Royal Western Yacht Club of England



This diagram is an aid only and not a Sailing Instruction

### 2.01 Modifications to Part 1

Section Removed – only appropriate for competitors

### 2.02 Race Office

Section Removed – only appropriate for competitors

### 2.03 Qualifications

The Person in Charge is reminded of the experience qualification requirements for in this race. The Rolex Fastnet Race is not a race for novices. Every crew member must have experience of sailing a yacht offshore and be prepared to encounter heavy weather. See the Notice of Race page 35 of the 2009 RORC Programme. In the event that qualification of the entry was not completed in the manner planned it is the responsibility of the owner to ensure that an acceptable alternative qualification was achieved, declared in writing and accepted by the race committee before the yacht attempts to race.

Yachts shall submit evidence of training to Section 6 of the ISAF Offshore Special Regulations (2009 RORC Programme page 35), the vessels VHF Callsign, and the EPIRB registration number before attempting to race. Yachts shall also submit a Crew List with contact details of next of kin and a Disclaimer/Media Waiver signed by every crew member before racing.

## **2.04 Event Sponsor Decals**

Section Removed – only appropriate for competitors

## **2.05 OTrackers and Communications**

### **2.05.1 OTrackers**

It is mandatory for all yachts to carry an OTracker unit for the race.

Information will be displayed at the Rolex Fastnet Race Mini-site: [www.fastnet.rorc.org](http://www.fastnet.rorc.org)

Section Removed – only appropriate for competitors

### **2.05.2 Communications**

#### **Position Reporting**

Every yacht shall try to deliver position reports to the Race HQ, Plymouth, giving the time of crossing the longitudes at the following places:

Portland Bill	longitude	002° 27'.40W
Start Point	longitude	003° 38'.55W
The Lizard	longitude	005° 12'.13W
The Fastnet Rock	when the light bears 180° magnetic	
The Lizard	longitude	005° 12'.13W

#### **Delivering Position Reports**

Section Removed – only appropriate for competitors

#### **Story of the Race**

We have introduced a system which allows you to publish your story including pictures. If you wish to contribute to the “Story of the Race” please see the instructions in the Notices to Competitors.

Section Removed – only appropriate for competitors

## **2.06 Identity Check**

Section Removed – only appropriate for competitors

## **2.07 Southampton Harbour Byelaw 2003 No. 11**

Section Removed – only appropriate for competitors

**2.09 Start: Yachts will start as detailed below** See the entry list for details of classes.

Event	Signals	IMOCA 60	IRC 3	IRC 2	IRC 1	IRC Z	Class 40	IRCSZ & SZCK	Multis
<b>Warning Flag</b>		Numeral 6	Numeral 3	Numeral 2	Numeral 1	Numeral 0	Numeral 4	Flag A	Flag M
Warning	Warning flag displayed. 1 gun	1150	1210	1230	1250	1310	1330	1350	1410
Preparatory	Preparatory flag displayed. 1 gun	1155	1215	1235	1255	1315	1335	1355	1415
1 minute until start	Preparatory flag removed. 1 long sound	1159	1219	1239	1259	1319	1339	1359	1419
Start	Warning flag removed. 1 gun	1200	1220	1240	1300	1320	1340	1400	1420

**2.10 VHF Radio**

Section Removed – only appropriate for competitors

**2.11 Starting Line**

**Normal start to west (green flag at RYS)**

The starting line is formed by bringing the Royal Yacht Squadron flagstaff into line with the white line on the orange diamond on the Castle. (As an aid to competitors vertical light beams are installed at the RYS to help identify the starting line transit. The lights are navigational aids only and do not constitute the starting line, nor will a start be postponed because of any failure of the equipment).

Section Removed – only appropriate for competitors

**2.13 Course and Distance (normal start to west - green flag at RYS)**

Mark	Instructions	Notes
Gurnard Buoy	Leave to port	50° 46'.22N 001° 18'.84W
Sconce Buoy	Leave to port	50° 42'.53N 001° 31'.43W
Runnel Stone Lt Buoy	Leave to starboard	50° 01'.18N 005° 40'.36W
Fastnet Rock	Round to port	<b>TAKE THE TIME WHEN THE FASTNET LIGHT</b> bears 180° magnetic, record the time on the declaration and report by text message or email. See SI 2.05.2
Pantaenius Buoy	Round to port	51° 17'.02N 009° 41'.04W This is a 1st Class Steel special mark yellow buoy with "X" top mark and Radar Reflector Light FL.Y. 3 secs.
The Isles of Scilly, including Bishop Rock, and all outlying rocks and islets within 8 miles of Peninnis Head Lt., St Mary's	Round to port	
Then to the finishing line at Plymouth. See SI 2.19		
<b>Distance: approximately 608 miles</b>		

#### **2.14 Exceptional start to east (red flag at RYS)**

Section Removed – only appropriate for competitors

#### **2.16 Solent Limitations**

Section Removed – only appropriate for competitors

#### **2.17 Temporary Discontinuance of Racing**

Temporary discontinuance of racing (changes RRS 45 & 47). If a yacht moors in order to take shelter or in emergency crew may temporarily leave a yacht to handle her moorings. If she uses her engine for propulsion she shall, on rejoining the race, return to the spot where she began to use her engine, turn off her engine and continue to race from that spot. She shall report the circumstances on her declaration. No penalty will be imposed for an infringement of RRS 42 in these circumstances.

Notwithstanding anything above a yacht's elapsed time shall be counted from the starting signal until she finishes.

#### **2.18 Approach to Finish**

Section Removed – only appropriate for competitors

#### **2.19 Finishing Line**

The finishing line runs in the direction 314<sup>o</sup> magnetic from the centre of the lighthouse situated at the western end of the Plymouth Breakwater. Yachts shall cross the line from south to north leaving the Breakwater to starboard and Queens Ground light buoy to port.

#### **2.20 Berthing**

Section Removed – only appropriate for competitors

#### **2.21 Declarations and Return of OCTracker**

Section Removed – only appropriate for competitors

#### **2.22 Retirements**

Section Removed – only appropriate for competitors

## TROPHIES

This appendix has the authority of Sailing Instructions. The Rolex Fastnet Race has many trophies of which full details do not appear in the RORC Programme. The award of some trophies can be decided from the information submitted with the race entry. Yachts wishing to be eligible for the trophies listed below must complete and return the Trophy Application Form not later than Friday 7<sup>th</sup> August (forms submitted after this date may be refused).

### **Open Trophies:**

**Royal Thames Spirit Cup:** First Royal Thames Yacht Club yacht home. The Yacht must be owned or sailed by a member of the Royal Thames Yacht Club.

### **IRC Division Trophies:**

**Duncan Munro-Kerr Memorial Trophy:** Best yacht with skipper aged between 18 and not more than 30 on 9<sup>th</sup> August 2009.

**Youth Division:** A Youth Division within IRC will be available for yachts with a minimum of 50% (rounded up) of the crew under the age of 28 on the 1<sup>st</sup> January 2009 in the IRC National Championship, Cowes Dinard St Malo, Rolex Fastnet Race and Autumn IRC Regatta.

**Service Yachts – Inter-Regimental Cup Best Service yacht on corrected time in IRC and Culdrose Trophy Best Service yacht round the Fastnet Rock\*.**

A Service yacht is one which is crewed by regular serving personnel of the armed services and affiliated to or approved for this purpose by the Association of Services Yacht Clubs, but may include one non-serving owner or owner's representative.

\* **Fastnet Rock Rounding Trophies:** All are subject to a written declaration of the rounding time being promptly submitted to the Race Office in Plymouth after finishing and also to the yacht completing the course. The moment of rounding for this purpose shall be taken as the time when the Fastnet Light bears 180° magnetic. Record the time on the declaration form and send the time, plus the name and sail number of the yacht, to the Race Committee by text message (see communication instructions which will be issued with the Sailing Instructions).

**Dennis Doyle Memorial Salver:** Skipper who has done the greatest number of Fastnet Races including the current one.

**Coates Scholfield Trophy:** The yacht whose crew have sailed the furthest to complete the race.

**The Sparkman and Stephens Trophy:** Best Sparkman and Stephens designed yacht.

**Maite de Arambalza Trophy:** Best yacht with a female skipper.

**Corporate Yachts - Bloodhound Cup:** At least 50% of the crew is in full time employment with the same company. Two-Handed yachts are not eligible for this trophy.

**Team Challenge - Martin Illingworth Trophy Inter-Club:** for team of 3 yachts nominated by an affiliated Club. The winning team will be that in which all three yachts, racing under IRC, finish without penalty (OCS returns, 720° and 360° penalties do not count for this purpose) and whose aggregate Corrected Time is the least. A yacht may feature in only one team in a race. No more than one team per Club. Open to any Club affiliated to a National Authority.

RRS Appendix D – Team Racing Rules do not apply.

**Sailing School – Roger Justice Trophy:** Best sailing school yacht overall.

The interpretation of the Race Committee under the terms of General Conditions Appendix III (c) (iii) of the definition of a sailing school for the purpose of the Roger Justice Trophy will be that the school must be a bona fide sailing school, affiliated to a National Authority and having on board for the Rolex Fastnet Race 2009 at least 50% crew which are paying students (not instructors).